

**Program for Dietetic Interns – Missouri Department of Health and Senior Services  
Prior Learning Assessment Form 1: Community Nutrition - Example**

*Documentation – provide written copies as proof of your prior assessment learning or experience equivalent to the internship assignments.*

<b>Competency/ Objective</b>	<b>Internship Assignments</b>	<b>Date(s), location(s), hours spent</b>	<b>Describe work/life or professional/continuing education experiences – “What I did”</b>	<b>Describe what was learned. Describe how professional growth was achieved. “What I learned from this experience...” or “How I grew professionally from this experience...”</b>
<p><b>CRD 3.1.a:</b> Assess the nutritional status of individuals, groups and populations in a variety of settings where nutrition care is or can be delivered</p> <p><b>CRD 3.1.b.:</b> Diagnose nutrition problems and create problem, etiology, signs and symptoms (PES) statements</p> <p><b>CRD 3.1.c:</b> Plan and implement nutrition interventions to include prioritizing the nutrition diagnosis, formulating a nutrition prescription, establishing goals and selecting and managing intervention</p> <p><b>CRD 3.1.d:</b> Monitor and evaluate problems, etiologies, signs, symptoms and the impact of interventions on the nutrition diagnosis</p>	<p>Write chart note(s).</p> <p>Analyze individual dietary intake and make recommendations.</p> <p>Evaluate components of nutrition assessment (e.g., anthropometric measures, biochemistry, dietary, clinical, psychosocial).</p> <p>Evaluate biochemical measures (e.g., hemoglobin, hematocrit, lead).</p> <p>Screen clients using a screening tool, identify a high-risk client using this tool, document, educate or refer as appropriate.</p> <p>Measure the height, weight and head circumference of an infant and graph results using growth charts. Interpret results.</p> <p>Calculate BMI for an adult. Identify the BMI category, their associated risk for disease and specific diseases they are at risk for developing based on BMI.</p> <p>(R, O)</p>	<p>Date: 5/17/10 to 5/20/11</p> <p>Location: Happy County WIC Program</p> <p>Hours spent: 20/week</p>	<p>Completed approximately 300 client summaries, certifications, recertifications. Conducted nutrition assessments for women, infants, and children using the MO WIC standard forms.</p>	<p>I learned how to certify clients for WIC referral. I was able to refer to outside agencies such as food pantries and food closets. I learned how to interview clients, identify problems based on anthropometric and medical data in addition to information obtained from the nutrition assessment. I learned to assist the client in setting goals, monitoring and tracking progress of goals.</p>